

## SOCIAL DEVELOPMENT

## **MEDIA STATEMENT**

TO ALL MEDIA

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## FOR IMMEDIATE RELEASE

## LIMPOPO TEAM OF GOLDEN BOYS AND GIRLS POISED FOR VICTORY

The Limpopo team of golden boys and girls is poised for victory in the national golden games held in Rustenburg. The annual national golden games hosted by the Northwest province are scheduled to take place from 18-20 February 2025.

The golden games are a national event where persons older than 60 years compete in various sporting codes such as brisk walk, duck walk, passing the ball, rugby ball, soccer, jukskei, athletics and goal shooting. This year marks the 19<sup>th</sup> edition of the games whose purpose is to promote healthy living among older persons providing them with a platform to showcase their talents and abilities on a national stage. The games this year are held under the theme: "Embracing vitality: Empowering older persons to thrive in their communities."

Leading the Limpopo team the MEC responsible for Social Development, Ms Florence Radzilani described the games not just a celebration of athleticism but also a platform that highlights the important issues facing senior citizens. "Today's activities will commence with critical dialogues focusing on pertinent topics such as ageism, mental health (Alzheimer disease, dementia and depression) as well as cost of living," said Radzilani. She commended the decision to bring these important issues affecting older persons to the forefront of the national agenda." She added that: "We are not only advocating for the needs of older persons but also fostering a community that embraces them."

Rooting for the Limpopo team, MEC Radzilani said each member of the team carries with them the hopes and aspirations of all the people of Limpopo. "I have every confidence that our Limpopo team will represent our province with the same spirit and dedication that they have demonstrated in the past. We are certain of the victory in these important national golden games," said Radzilani.

The three day programme will commence with national dialogues and choral music on the first day. The following two days will see older persons showcasing their talents and fitness by participating in sporting activities.

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